

**Minutes of: YOUTH CABINET**

**Date of Meeting:** 26 April 2017

**Present:** Councillors R.Cathcart, D Jones, G Keeley, J Kelly, O Kersh, E O'Brien and J Walker

**Also in attendance:** Lizzy Carty  
Isabella Green  
Zack Hallam  
Molly Healey  
Emily Keeley  
Numair Khalid  
Wesley Large  
Owen McGrattan  
Bethanie Mortenson  
Eleshia Moynihan  
Viktoria Ouomble  
Clarissa Potts (in the Chair)  
Harriet Potts  
Lydia Roscoe

**Public Attendance:** No members of the public were present at the meeting.

**Apologies for Absence:**

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**YC.2 DECLARATIONS OF INTEREST**

There were no declarations of interest made at the meeting.

**YC.3 MINUTES OF THE LAST MEETING**

**It was agreed:**

That the Minutes of the last meeting held on 15 February 2017 be approved as a correct record and signed by the Chair.

**YC.4 CIRCLES OF INFLUENCE**

Those present were asked to review the topics that had been discussed at last years' Circles of Influence and add anything that they felt should be included for the next event.

**YC.6 HEALTHY YOUNG MINDS**

Dr Cathy Fines from Bury CCG attended the meeting to explain about mental health services for young people in Bury, how the CCG commissioned those services and how they were delivered.

Dr Fines explained that the CCGs priorities in relation to mental health services were:

- Improving transition between services for young people and adults services.
- Improving access to vulnerable groups
- Improving access for 16 – 18 year olds
- Improving/providing support within schools through link workers

Dr Fines reported that achievements had been made across Bury in the following areas:

- Community eating disorder service
- Single point of access
- Community hubs – working together to integrate services

The Manager of Healthy Young Minds (formerly CAMHS) Kim Marshall explained what Healthy Young Minds provides:

- Working with young people on the cusp of being admitted into hospital
- Single point of access with a daily duty manager offering screen referrals
- Support in schools
- Services up to the age of 18
- Working with other professionals such as football coaches, teachers, youth club workers to offer support outside of mental health services
- Hub working with other agencies and organisations such as adults and children's social care, police, housing services, fire services who can offer support at different levels.

It was reported that there had been a mental health open day which had been very successful.

Those present were given the opportunity to ask questions and the following points were raised:

- It was asked whether young people felt intimidated meeting with professionals in a professional setting and whether other options were offered.

It was explained that the team would work with the young person to make sure that they were happy with how they were supported.

- It was asked whether a young person would be able to be supported by a friend at any of the meetings.

It was explained that sometimes the cases could be very complex and involve confidential information relating to a number of different people so this would not always be appropriate. There was work being carried out to train young people to offer support and help as a peer.

- Councillor Cathcart referred to bereavement and loss in relation to issues such as flooding and homelessness, family break ups and changing schools and asked how this could be dealt with. Councillor Cathcart explained that a large number of children had been affected by the floods at the back end of 2015 and were still trying to access support

It was explained that schools could refer issues to the service who could offer 1:1 support or group sessions for issues that may affect a number of their students such as flooding or major trauma.

- Dr Fines asked the young people present whether they knew about the service and how to access it.

It was suggested that young people could find out how to access services through schools and one young person present at the meeting reported that Bury Grammar School promoted the service to its pupils.

- Councillor Cathcart referred to the emotion app that had been discussed at previous meetings and reported that it had now been launched. The app was called MEmotional and he asked that the young people present have a look at it so that they could give feedback.

**It was agreed:**

That Dr Cathy Fines and Kim Marshall be thanked for their presentation.

**YC.7 THE BIG DEBATE**

The Youth Cabinet debated as to whether President Donald Trump should be invited to the UK for a state visit.

Arguments for and against were discussed.

Following the debate a vote was held and it was agreed that President Trump should be invited to attend a state visit.

**YC.8 TOPIC FOR FUTURE DEBATES**

Those present discussed what the next big debate should be.

**It was agreed:**

That the topic of the next big debate would be:

Should there be faith schools?

**COUNCILLOR  
Chair**

**(Note: The meeting started at 5.00 pm and ended at 7.00 pm)**